

A prayer for a beautiful spring morning.

We thank you God, because you gave us more than we would ever dream of asking: daily bread and shared meals which became feasts, the breath of life, and voices to celebrate, the understanding of our history and the hope of our future. Work we can do, and time to be recreated, people to love and to trust, people who trust us, gifts and responsibilities.

We thank you God, because you ask of us more than we dream of giving: skills we have never developed, care for a world whose problems we cannot solve, listening which hurts us, giving which leaves us empty handed. Love which makes us vulnerable.

But you do not ask us to be supermen and women.

You challenge us to be human, Give us the courage to be human because you yourself became human and lived our lives knowing our imperfections, sharing our pain and making us your people so that we can say together,

Our Father , which art in heaven hallowed be thy name, thy Kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For this is the kingdom, the power and the glory. For ever and ever. Amen

(Jan S Pickard - Oceans of Prayer)